# **Preparing for Your Problem-Solving Meeting**

SHARE Rep name:\_\_\_\_\_

Rep phone: \_\_\_\_\_

Rep Email: \_\_\_\_\_

If this is the first time you've had a Problem Solving Meeting, you probably have questions about what to expect. Your SHARE Rep is here to support you.

### **GOAL OF THE MEETING**

Every situation is different, but most Problem Solving Meetings will have some common goals:

- Clearly identify workplace problems
- Improve workplace communication and relationships
- Troubleshoot to find individualized, creative solutions--for individuals, departments, and work systems

#### YOUR SHARE REP'S ROLE

*Please let your Rep know your questions and concerns.* You can feel free to be open with your Rep, and be clear about your wants and needs: your Rep will keep confidential anything that you want them to. Your SHARE Rep is here to help you:

- Convey your perspective and ideas
- Record notes, and act as a witness of the meeting
- Work to establish a fair process and balanced conversation
- Follow up questions you may have
- Find other forms of support and help

## THE MEETING PROCESS

This meeting is an opportunity to explain your perspective and establish relevant facts. During a meeting, you may ask to speak privately with your SHARE Rep, or to pause and compose yourself and your thoughts outside the room.

A meeting is typically one step in an ongoing conversation. *If you would like your Rep to contact you after the meeting is over, please let them know, and provide them your contact information.* SHARE will continue to provide help and support.

## **OTHER RESOURCES**

The Employee Assistance program is a free, confidential service for UMass Memorial employees. They can provide emotional and practical help for personal and workplace issues. Call 866-263-3525; or visit www.LiveandWorkWell.com, Company Code: umassmemorial

You can read more about Problem Solving and Discipline in the SHARE contract, beginning on page 70. The SHARE contract can be found online at www.sharehospitalunion.org/contract

www.theshareunion.org 50 Lake Avenue, Worcester MA, 01604 508-929-4020